

# How to Deal with a Narcissist

## Part 2

**Key Scriptures:** Daniel 3:16-18; Matthew 5:43-44; Daniel 3:19-27; Deuteronomy 31:6; Daniel 3:28-30

### 1. Start talking. Find a conversation starter for your group.

- If a movie was made about your life, who would you want to play you? Why?
- Who are the two most important people in your life who must be in the movie? Who would you want to play them? Why?

### 2. Start thinking. Ask a question to get your group thinking.

- Is there any hope that a narcissist can change? Why or why not?
- How is it that Shadrach, Meshach, and Abednego could declare, with certainty, that God was able to protect them from both the furnace and Nebuchadnezzar? What evidence did they have? (Look back to Daniel 1:9, 17, 20; 2:17-19,46-49)
- Growing up in Judah, Daniel, Shadrach, Meshach, and Abednego would have grown up being taught the Hebrew Scriptures (certainly the first 5 books of our Old Testament). Read Deuteronomy 31:6. How would that impact the lives of these young men?

### 3. Start sharing. Choose a question to create openness.

- Is your life being ruled by faith in God or in fear of the narcissists in your life?
- What is the difference between doing what is best for you, and doing what is right? Why?
- *WHAT* you say is important, but why does it matter *HOW* you say it? Can you give an example?
- Read Daniel 3:28-30. How did Nebuchadnezzar react to God's protection of Shadrach, Meshach, and Abednego? Did Nebuchadnezzar's reaction change his view of himself? Why or why not?
- What does Daniel 3 tell you about God? How does that impact your life now?

### 4. Start praying. Be bold and pray with power.

- Thank God for His great love for you, your family, your co-workers, and even your enemies. Pray that His power is seen in their lives and they declare, as did Nebuchadnezzar, "No other God can save in this way!"
- Pray that God meets you in the fire (the most difficult of times), just as He was in the furnace with Shadrach, Meshach, and Abednego.

### 5. Start doing. Commit to a step and live it out this week.

- Think of this: If these three young men had cried out to God, "Please change Nebuchadnezzar's heart! Keep us from the furnace! Put out the fire!", how would God have responded? God: "*It is my will and desire that you go through the flames - I have something for you, but it is only found in the midst of the fire.*" Take a moment to reflect on a "fire" that you are going through. Write down what you might think God has prepared for you as you go through this "fire". Then write down Bible verses that confirm this.