How to Deal with a Narcissist

Key Scriptures: Daniel 4:1-18; Daniel 4:27, 33-37; James 4:10

1. Start talking. Find a conversation starter for your group.

- If you were elected to be the Supreme Chancellor of Earth, what would you eat first to celebrate? Would you serve that at your inaugural gala? Why or why not?
- If you were elected to be the Supreme Chancellor of Earth, what is the first law you would pass? Why that in particular?

2. Start thinking. Ask a question to get your group thinking.

- In Daniel 3, we saw that Shadrach, Meshach, and Abednego's faith played a critical part in their response. What was King Nebuchadnezzar's response to God protecting them? (Daniel 3:28) Did Nebuchadnezzar change, and start serving God? Why or why not?
- In Daniel 4:1-2, Nebuchadnezzar addresses his message to the "peoples of every language"? Why? What kind of work would have to go into creating a message that could be understood by those "who live in ALL the earth? Why go through all of that effort?
- As Daniel interprets the King's dream in verses in Daniel 4:18-27. What is the advice Daniel gives the King in verse 27? Why? Did Nebuchadnezzar follow that advice? Why not?

3. Start sharing. Choose a question to create openness.

- God has given us His Word and directed us to "make disciples" (Matthew 28:19). So, does that mean we are responsible for changing people? Why or why not? If not us, then who?
- How long has God been warning King Nebuchadnezzar to humble himself? After Daniel interprets this dream, how long did King Nebuchadnezzar continue to ignore God? What does this show us about God?
- Has God been showing you areas of your life that need to change? He is patient and gracious but does hold us accountable... so what is better, humbling yourself, or being humbled by God? In Daniel 4:36, what does God do to Nebuchadnezzar in his humility?

4. Start praying. Be bold and pray with power.

- Model a prayer of thanks to God after King Nebuchadnezzar's declaration in Daniel 4:37.
- Ask God to give you the wisdom to humble yourself, and the ways to change for the better.
- Pray for those you need to forgive. Ask that God bless them and change their hearts.

5. Start doing. Commit to a step and live it out this week.

Jesus humbled himself and experienced the joy and sorrow, the triumphs, and trials of our world. Make a list of three people who you can complement, serve and/or encourage this week, and what you are going to do for them. (Example: My spouse – I'll do one of their weekly chores (and not tell them!; My parent – I'll thank them for all they do for me and tell them in one area that they are an amazing example of how I should be.; My co-worker – I'll bring them their favorite beverage and listen to how their week is going.)